

**3Spirit**  
Experts in Care

**Adult Care Worker**  
Level 2



# Who is the programme for?

As an Adult Care Worker you will make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges. Adult Care Workers need to have the right values and behaviours developing competences and skills to provide high quality compassionate care and support. They are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives which is at the heart of person centred care.

Job roles are varied and determined by and relevant to the type of the service being provided and the person supported. Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres, a person's own home or some clinical healthcare settings.

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# How long will the programme take and what is involved?

This programme is delivered over 12 months. It incorporates the Apprenticeship Standard Adult Care Worker.

Apprentices are required to complete 20% off the job. Commitment is important, as the programme will be tightly structured. The following activities can be expected as part of the individual learning process:

## The following activities can be expected:

- Attending virtual classrooms
- Contributing to forums
- Completing assignments
- Guided Reading
- Reflective diaries
- Shadowing other members of the team
- Participating in audits Meetings
- Feedback/learning sessions with some of the people the learner supports



Apprentices will meet with their assessors once a month to review progress and access support and guidance. Apprentices will also have access to communities of practice and will be required to contribute and learn from these communities as part of the assessment process. They will have the opportunity to collaborate and learn from peers undertaking similar pathways. Apprentices will be required to actively participate in virtual classrooms.

# End point assessment (EPA):

There will be an external assessment at the end of the programme once the apprentice has achieved the 'gateway' requirements. This includes achieving the Level 2 Diploma in Adult Care.



## The end-point assessment consists of two distinct assessment methods:

- Observation of Practice
- Professional Discussion

The end-point assessment must be completed over a maximum total assessment time of two days, within an EPA period lasting typically for three months after the apprentice has met the EPA gateway

## What the apprentice will achieve:

- Level 2 Diploma in Care
- Level 1 English and Maths (If not completed prior to starting the programme).



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